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Great North Swim

Mia Dodman took part in the Great North Swim in Lake Windermere on Saturday, 11th June.

Mia was raising funds for Pendleside Hospice, and before the event she said,

"I am going to take the plunge and swim in Lake Windermere to raise money for Pendleside Hospice. I usually swim in a swimming pool - but after some practice swims at Salford Quays - I am going to join the fish in the lake and swim into cold dark water and swim 1/2 mile, along with thousands of other people."

She completed the half mile swim in 15 minutes and 18 seconds to finish in 21st position in the 19 years and under age group. This meant she finished 40th overall out of the 642 swimmers taking part. It was a

fantastic swim considering she is only 11.

Mia has managed to raise over £250 for Pendleside Hospice. If anyone would still like to donate, then go to Jo Brown's Just Giving web page.

<https://www.justgiving.com/fundraising/Jo-Brown17>

There was another member of Colne ASC swimming in the cold waters of Windermere that weekend, and that was Masters swimmer Daniel Dawson who took part in the 2 mile event on Friday, 10th June, where he finished 2nd in the 40 to 44 years age group in a time of 53 minutes and 48 seconds. Overall he was 45th out of a total of 854 swimmers.

June Age Group Gala

On Thursday, 30th June we will be holding the June Age Group gala, which is open to all swimmers in the Club.

If you did all four events in the January Age Group gala, you will qualify for the Most Improved Swimmer, but only if you do all four events again.

The 9 years and under will be doing 25 metres for each of the four strokes, whilst the 11's and over will be doing 50m. The 10 year olds will do 50 metres for Backstroke, Breaststroke and Frontcrawl, and 25 metres for the Butterfly.

Entry forms are available from the desk on a Club night, or you can enter on-line via the Club website.

www.colne-asc.co.uk/age-form.php

We would like volunteers to offer their services to the desk before the start of the Age Group Gala on Thursday, 30th June. You may not be required but your offer will be appreciated.

We require the following:

- 6 Time Keepers
- At least 2 team organisers/chaperones
- At least 1 marshal
- At least 2 turn judges

No experience is necessary, but must be patient with the kids all wanting to know if they are swimming.

Clipboards, pens, stopwatches and drinks will be provided.

NOTE: If we don't have enough people helping, then we will have to cancel this gala.

Micro League

On Sunday, 15th May, the young Colne swimmers travelled down the M65 to Darwen Leisure Centre to take on teams from Leyland, Preston B and Garstang in our latest fixture in the Micro League of the North West.

It proved a tough contest for the young Colne swimmers as they had a depleted team, which resulted in at least 10 races have no Colne representation. The gala was won by Leyland with 152 points with Preston B in second on 136 points. Colne had trailed in forth place with 81 points whilst Garstang finished 3rd with 92 points.

The young Colne swimmers had given their all and managed 5 new personal bests amongst the girls and 2 for the boys.

Colne's next and final fixture will be at the West View Leisure Centre in Preston on Saturday, 25th June, where we will take on teams from Preston B, Carnforth B and Prescott.

Coming Next Time

Most Improved Swimmer for June
Micro League report from Preston.

Friendly League report from Darwen
Cheshire Masters Sprint Meet

June Age Group Gala Round-up
Summer Holidays

Birthdays

May 2016

1st Declan Higginbottom
2nd Charlotte Leigh and Danielle Baxter
4th Ben Whittaker
5th Mia Dodman
8th Isabel Redfearn
9th Matthew Brabender
11th Violet Sethi
12th Dominica Taylor
16th Kyran Denton
19th Caitlin Harper
27th Darcie Brown
28th Oliver Jackson
29th James Brabender
30th Rachel Leigh
31st Lewis Thompson and Saif Rashid

June 2016

4th Patrick Metcalfe
6th Kaysie Mulligan
8th William Rowlands-Whiteoak
9th Eleanor Fuggle
20th Cherry Wilkinson
21st Lucas Sudell and Andrew Danson
26th Jason Dodman
28th Scarlett Metcalfe

Forthcoming Events:

25th June

Micro League Fixture. Away at West View Leisure Centre. Warm-up starts 3:15pm

30th June

June Age Group Gala. Warm-up 6:50pm

6th July

Committee Meeting. Pendle Leisure Centre. 8:00pm

7th July

Swimming Club Trials

9th July

Cheshire Masters Sprint Meet 2016. Grand Central, Stockport

11th July

Friendly League. Away at Darwen. Warm-up 7:15pm. Darwen Leisure Centre

23rd/24th July

City of Sheffield Summer Meet 2016.

23rd/24th July

North Lanes Development Meet 2016

21st July

Last Club Session before the Summer break.

Would parents please note that once your child's swimming lesson has finished and they are off the pool side. Colne Swimming Club is no longer responsible for their welfare.

Would all Members please note that Colne Swimming Club will not be held responsible for any injury caused to a swimmer failing to turn up on time for their lesson, and thus missing the vital warm-up part of the session.

Could anybody changing their address or telephone number please inform the Secretary.

If anybody has any stories, items of interest, or anything they think will be suitable for the newsletter, then you can email me at the following address: press@colne-asc.co.uk



Friendly League

There have been three fixtures since the last newsletter, one away and two at home.

On Monday, 16th May, the team travelled to the Mercer Leisure Centre in Great Harwood for our latest fixture in the North East Lancs Friendly League.

It was a strange event for most of the Colne swimmers to be competing in a pool that was only 22 yards long. This gave hosts Great Harwood Otters an advantage as they had superior turns. This advantage told as they held out for a win by 66 points to 52.

On Thursday, 26th May, we were hosts to Todmorden swimming club.

Colne won the first two races followed by Todmorden winning the next two, but after that it was Colne who dominated the gala as we won 31 of the 40 races over the course of the evening.

Colne won the gala by 71 points to 48, with 22 new personal bests amongst the Colne swimmers, with 12 for the girls and 10 for the boys.

The third of these fixtures took place on Thursday, 16th June, when we hosted Darwen swimming club.

From the first race on the night, Colne proved to be the stronger team and only allowed Darwen to win 7 races whilst Colne won the other 33. This meant that we won by 72 points to 46.

During the course of the evening there were 29 new personal bests with 19 for the girls and 10 amongst the boys.

Our next fixture is on Monday, 11th July, when we will up against Darwen again in the reverse fixture.

Blackpool Rocks

Over the Bank Holiday weekend of 30th April and 1st May, Blackpool Aquatics held their annual **Blackpool Rocks Level 3 Meet** at the Palatine Leisure Centre in Blackpool.

There were three swimmers from Colne ASC taking part, and first up was **Eleanor Root** who was only competing on the Saturday.

Eleanor was swimming the 14 years age group and finished 12th in the 200m Freestyle, 13th in the 100m Breaststroke and 17th in the 50m Breaststroke.

On the Sunday it was the turn of **Mia Dodman** and **Saskia Daly** who were both swimming in the 11 years age group.

In the 50m Butterfly, Mia was 26th whilst Saskia finished 29th.

In the 100m Freestyle, Mia finished in 18th with Saskia in 25th.

In the 50m Freestyle, Saskia finished in 12th place.

Well done to all three girls, you are doing the Club proud, thank you.



The masters team at Leeds. (from left Stephen, Philip, Tony and Daniel)

Yorkshire Masters

On Saturday, 14th May four members of the Masters team travelled to the John Charles Centre for Sport in Leeds for the Yorkshire Swimming Associations Open Masters Championships 2016.

Tony Catterall swimming in the 70 to 74 years age group finished 1st in the 200m Freestyle, 200m Individual Medley, 100m Backstroke, 400m Freestyle, 100m Individual Medley and 100m Freestyle, and was 2nd in the 100m Breaststroke.

Philip Croxall swimming in the 45 to 49 years age group finished 1st in the 50m Breaststroke and 100m Individual Medley, 2nd in the 200m Freestyle, 200m Individual Medley, 400m Freestyle and 50m Backstroke, 4th in the 50m Freestyle and was 5th in the 50m Butterfly.

Stephen Tyler swimming in the 50 to 54 years age group finished 1st in the 400m Freestyle, and was 3rd in the 50m Breaststroke and 100m Breaststroke.

Daniel Dawson swimming in the 40 to 44 years age group finished 3rd in the 100m Breaststroke and 50m Backstroke, 4th in the 50m Breaststroke and 7th in the 50m Freestyle.

All four of them teamed up for the Mens 4x50m Freestyle Relay in the 200 years plus age group. They finished 2nd to a team from Hull.

Easy Fund Raising

We now have **22** supporters of Colne ASC on Easy Fund Raising and to date **£741.70** has been raised with **£11.70** in the last quarter (January - March).

You can find out more by navigating to the Easy Fund Raising page on the Club website.

<http://www.colne-asc.co.uk/easyfundraising.php>

Using Easy Search has raised **£161.83** from 10,996 searches. By using easysearch instead of Google or any other search engine, you can make a real difference. easysearch is completely FREE and by making just 10 searches a day, you could raise around £20 a year for Colne ASC.

As well as raising funds, easysearch also gives you the best search results available on web. Today, the Internet is so big that different search engines will often deliver different results for the same search. So, by combining the strengths of several search engines together - Yahoo!, MIVA, and many more - you get the very best results in terms of accuracy and relevance, which means you'll find what you're looking for quickly and easily every time - all in one 'easy' search!

So change your default search engine to the following:

<http://casc.easysearch.org.uk/>



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