



Coronavirus (COVID-19)

The coronavirus (COVID-19) pandemic outbreak is now affecting all our lives, and as of 20th March with the closure of the Pendle Leisure Centre, it has now affected all Club activities.

So until further notice the Club has ceased all activities. Once we are allowed to resume, we will.

We will be monitoring all advise from Government, Swim England and the Pendle Leisure Trust, and if we have anything to share it will be posted on both our Twitter feed and Facebook page. The Club website will also be updated.

If you are not following, then please do so.

- Twitter https://twitter.com/SwimAtColneASC
Facebook https://www.facebook.com/ColneASC
Website http://www.colne-asc.co.uk/index.php

Be safe out there and remember to follow the NHS advise.

https://www.nhs.uk/conditions/coronavirus-covid-19/

Advice for stopping virus spread



Wash hands frequently with soap and water or use a sanitiser gel



Catch coughs and sneezes with disposable tissues



Throw away used tissues (then wash hands)



If you don't have a tissue use your sleeve



Avoid touching your eyes, nose and mouth with unwashed hands



Avoid close contact with people who are unwell

Source: NHS

BBC

Most Improved Swimmer

In the last newsletter you were informed that Isaac Critchley and Maisie Dawson had won the Most Improved Swimmer Award for January. Maisie had been presented with her trophy, but Isaac didn't receive his before the last newsletter.

Over the four strokes that Isaac did he made an improvement of 10.12%.

Here is Isaac receiving his trophy from Club Secretary Joan Croxall



Would parents please note that once your child's swimming lesson has finished and they are off the pool side. Colne Swimming Club is no longer responsible for their welfare.

Would all Members please note that Colne Swimming Club will not be held responsible for any injury caused to a swimmer failing to turn up on time for their lesson, and thus missing the vital warm-up part of the session.

Could anybody changing their address or telephone number please inform the Secretary.

If anybody has any stories, items of interest, or anything they think will be suitable for the newsletter, then you can email me at the following address: press@colne-asc.co.uk

Birthdays

April 2020

- 4th Caelyn Bell
5th Thomas Holgate
7th Libby Cox
8th Freya Smith-Shelley
10th Club's Official Birthday
15th James Hindle
20th Maisie Dawson
21st Matilda Critchley
25th Daniel Hogg
26th Oscar Mulligan
28th Stephen Tyler

May 2020

- 2nd Charlotte Leigh
4th Ben Whittaker
5th Mia Dodman
8th Amarah Khan and Isabel Redfean
9th Matthew Brabender and Gracie Adamson
12th Dominica Taylor
15th Muhammed Khan
19th Martha Lister and Caitlin Harper
20th Hugo Mullgan
28th Jacob Ariss
30th Rachel Leigh
31st Lewis Thompson and Saif Rashid

Forthcoming Events:

- 10th April The Club's Official Birthday
10th April Good Friday
12th April East Sunday
13th April Easter Monday
8th May VE Day Public Holiday
25th May Spring Bank Holiday

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Colne Amateur Swimming Club  
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### Friendly League

We only contested two of the three North East Lancs Friendly League fixtures in March. The away gala on Monday, 23rd March to Todmorden has now been postponed until September.

The first of the two fixtures contested was against Great Harwood on Monday, 2nd March at the Mercer Hall Leisure Centre in Great Harwood.

The Great Harwood swimmers proved to be too strong for the Colne swimmers as they won the contest by 62 points to 50.

Due to the size of the pool at Mercer Hall, there were no personal bests recorded, even though the swimmers put in a fantastic effort.

The second contest was at home to Accrington on Monday, 16th March at the Pendle Leisure Centre.

It was an evenly matched contest between the two teams, as they traded wins throughout the contest, with neither team dominating. Yet in the end it was Accrington who prevailed to win the contest by 59 points to 54.

It was a pity that we only had one boy in the 9/10 year age group, as if we had another, then we would have had three more points.

During the gala there were 19 new personal bests amongst the boys and 15 amongst the girls.

Those were the last contests for some time, with the next fixtures being in June. Details as to whether these contests will be going ahead will be made in May. Please keep in tune with Twitter, Facebook and the Club website.

### Schools Gala

Due to the Coronavirus (COVID-19) there was only one of the three schools galas held, which was on Tuesday, 10th March.

We were asked to provide helpers, and we duly obliged by sending Club Chairman Philip Croxall, along with swimmers Mia Dodman, Caitlin Harper, Isabel Redfern, Kian Noon and Ben Middleton.

### Committee Meetings

All Committee Meetings have been cancelled with immediate effect.

The meetings took place within the Pendle Leisure Centre, and with that closing due to the Coronavirus (COVID-19), it would be best the Committee does not meet.

Any information that is received will be forwarded to members of the Committee as a when it is received.

### Club Trip

We were having a Club trip at the end of June to Lightwater Valley.

At the moment this trip is cancelled as we don't know when this virus is going to go away.

Hopefully we will be able to arrange something, if not there is always 2021 to look forward to.



Did you know that whenever you buy anything online – from your weekly shop to your annual holiday – you could be raising a free donation for **Colne ASC**? There are nearly 3,000 retailers including Amazon, John Lewis, Aviva, thetrainline and Sainsbury's, who will donate a percentage of the amount you spend to **Colne ASC** to say thank you for shopping with them.

It's really simple, and doesn't cost you anything.

All you have to do is:

1. Go to <http://www.easyfundraising.org.uk/causes/casc/>
2. Sign up for free
3. Get shopping – your donations will be collected by easyfundraising and automatically sent to Colne ASC. It couldn't be easier!

There are no catches or hidden charges and the Club will be really grateful for your donations.

Over the years we have managed to have **23** people sign up, and between them, they have raised **£1,420.47**, with **£120.61** over the last 12 months. We would like to increase this, so if more of you join up and support the Club it would be hugely appreciated.

Thank you to all those who have supported the Club using Easy Fundraising.

Be safe out there and look out for one another

