



Lanes Restructure

We are in the process of re-structuring the lanes. This is due to being allowed to use all six lanes again.

When the new lanes are published, we ask that the swimmers go to the lane assigned.

There will be quite a bit of lane movement, as we try and get the assignment correct.

Please be patient with us during these times.

The latest copy of the lanes can be found on the Club website.

<http://www.colne-asc.co.uk/lanes-monday.php>

<http://www.colne-asc.co.uk/lanes-thursday.php>

<http://www.colne-asc.co.uk/small-pool.php>

Teachers Required

We are currently running on minimum staffing levels on the poolside, as a result we would like people to volunteer and help with the teaching of the children.

Anyone who is interested, then please contact a member of the Committee on a Club night.

If anyone knows someone who has teaching qualifications, who you think could help, then please ask them to contact the Club's Secretary for more details.

We actually require level 1 and level 2 teachers in order to teach the children properly, using helpers does kind of work, but bad habits can result from these situations. A fully qualified teacher would be able to spot poor technique and correct it accordingly.

Annual General Meeting

This years Annual General Meeting will take place on **Wednesday, 20th October**, at the Pendle Leisure Centre, Colne with the meeting starting at 7:30pm.

If you require a drink then you will need to bring your own, as the centre has a license for alcohol to be consumed. There is a drinks machine available in reception.

All fully paid up members of the Club may attend this meeting but only members who have reached their 18th birthday shall be entitled to be heard and vote on all matters (members who have not reached their 18th birthday shall be entitled to be heard and vote only on matters concerning juniors, such as election of club captains).

All matters for the meeting must have already been submitted in writing to the Secretary. Any late matters will not be discussed unless agreed with the Chairman beforehand.

We need more parents to join the Committee to help with the running of the Club.

All that we ask of you is to be available at 8pm for the first Wednesday of a month up to 8 or 9 times a year. The Committee meetings are now held online using the Zoom application and last for 40 minutes. Also Committee members are eligible for reduced membership fees.

WITHOUT A COMMITTEE THE CLUB CANNOT FUNCTION.

Would parents please note that once your child's swimming lesson has finished and they are off the pool side. Colne Swimming Club is no longer responsible for their welfare.

Would all Members please note that Colne Swimming Club will not be held responsible for any injury caused to a swimmer failing to turn up on time for their lesson, and thus missing the vital warm-up part of the session.

Could anybody changing their address or telephone number please inform the Secretary.

If anybody has any stories, items of interest, or anything they think will be suitable for the newsletter, then you can email me at the following address: press@colne-asc.co.uk

New Committee Members

The Club **needs** new members on the Committee, without this, then the Club will struggle to operate.

The committee meetings take place on-line using Zoom on the first Wednesday of a month. The meetings only last 40 minutes.

If interested, then speak to Club officials at the pool on a Club night, or email the secretary.

If no one is interested in helping the Club by the AGM in October, we may take the decision to dissolve the Club.

When we did the return to the pool survey 12 months ago, there were several parents who said they would help. We are still waiting.

secretary@colne-asc.co.uk



Club Trip Outdoor Elements

On **Saturday, 25th September**, we will be holding a Club trip to **Outdoor Elements** near Simonstone.

Details of the available activity packs can be found on page 3, but we will require a deposit of **£5**.

The deposit is fully refundable when you turn up, or if Covid restrictions return.

When we visited in 2019, it was enjoyed by all who attended, so it will be something to look forward to this year. So book the date in your diary.

Birthdays

September 2021

3rd Eden Hughes
4th Lexi Greenhalgh
19th Holly Bleasdale
25th Saskia Daly
30th Jack Nevison

October 2021

1st Alicia Higginbottom
8th Freya Sumner

Forthcoming Events:

16th September
Small Pool Trials. 6:15pm

25th September
Club Trip to Outdoor Elements. Simonstone

7th October
Swimming Club Trials
Small Pool 6:15pm
Large Pool 7:30pm

10th October
No Frills Meet. Darwen

11th October
Sponsored Swim (1 lane)

14th October
Sponsored Swim.

20th October
Annual General Meeting.
Pendle Leisure Centre.

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In aid of Pendleside Hospice

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Swim Mark Accreditation

Over the summer the Club went through the process of getting re-accredited with Swim England's Swim Mark.

Thanks to the efforts of Joan and Philip Croxall, we finally got all fifteen modules approved.

At the end of September, our submission will go before the national panel.

What is Swim Mark I hear you say. Swim Mark is the recognised quality mark across the swimming industry and is awarded by Swim England to clubs that are providing a quality service for all their members.

Swim Mark is a club development tool that ensures a standard is achieved within clubs enabling them to be effective, ethical and sustainable.

The opportunity to gain Swim Mark essential accreditation is available to all clubs, across any aquatic discipline (including Masters), regardless of size and activity delivered.

To achieve Swim Mark essential accreditation, clubs need to submit information for 15 'elements'. Accreditation lasts for two years, however a health check of 5 'essential' elements will need to be completed in the interim year. Support through the Swim Mark accreditation is provided by Swim England Club Development Officers and the Regional Development Officers. Swim Mark for each club is approved by a regional and then national panel.

Clubs that are Swim Mark accredited are able to use the Swim Mark logo on publications and club marketing material.

Sponsored Swim

On the 11th & 14th October we will be holding a sponsored swim in memory of Steve Craig. We will donate 50% of the funds raised to Steve's nominated charity, the Pendleside Hospice. The other half of the funds will go to the Club.

The sponsor forms are now available to download from the website, or you can find a copy on the Noticeboard.

The format will be to swim as many lengths as possible in 25 minutes. For the older swimmers and those that like a proper challenge, there will be swim as many lengths as possible in an hour.



The Club has been signed up with Easy Fundraising for over 10 years, and in this time we have only had a few supporters. We would like more.

Currently there are 23 supporters of the Club on Easy Fundraising, and between them they have raised £1,550.78, which equates to £85.19 in the past 12 months.

By using easysearch instead of Google or any other search engine, you can make a real difference. easysearch is completely FREE and by making just 10 searches a day, you could raise around £20 a year for the Club.

Details about how Easy Fundraising works can be found on the Club website.

http://www.colne-asc.co.uk/easyfundraising.php

Just remember by shopping through Easy Fundraising's website, you are getting big business to donate to the Club, and you get what you are purchasing at no extra cost.

It is a no brainer, so come on, join today and help support the Club.

Club Treasurer Required

Our current Treasurer John Higginbottom will be stepping down from all Club active duties this year as he nears his 80th birthday, therefore we need a new Treasurer.

Who we are looking for?

- You will be enthusiastic with a good knowledge of managing finances.
You will have a financial background and good knowledge of managing and producing accounts.
You will have a knowledge of using and producing accounting spreadsheets or other accounting systems.
You will be reliable and honest.
You will have a knowledge of various banking systems such as direct debit.

What do we and the club expect from you?

- To be responsible for all club finances by ensuring adequate accounts and records exist, and that all funds are used appropriately and banked promptly.
To plan the annual budget in agreement with the club committee and to monitor throughout the year.
To prepare end-of-year accounts and present to the auditor, management committee and AGM.
To plan floats with members who would need to collect or pay out cash and make them aware of procedures.

Anyone who is interested will not be required to join the committee, but must provide monthly statements. They would be entitled to attend Committee Meetings throughout the year.

See Joan Croxall or a committee member if you think you can do the job.

secretary@colne-asc.co.uk

Competitions Return

Now that a lot of restrictions have been relaxed, competitions have been allowed to resume with several clubs in attendance.

North Lancs Swimming & WP Association are holding two separate Level 3 No Frills meets, on Sunday, 3rd October and Sunday, 10th October. Unfortunately there will be no spectators at these meets, but poolside helpers are welcome.

Colne ASC has been linked to the competition on Sunday, 10th October at the Darwen Leisure Centre.

The closing date for this competition is on Tuesday, 21st September.

Anyone aged 9 years and above that is interested must see Club Coach Andrew Croxall.

Entry details are on the Club website and the notice board.



Thank you.



www.colne-asc.co.uk



Shark Bytes
 Colne Amateur Swimming Club
 @SwimAtColneASC

Club Trip to Outdoor Element Activity Packs

The Club trip on Saturday, 25th September to Outdoor Elements near Simonstone will require four groups to tackle five activities throughout the day. We need to get four equal groups, and yes parents can pay to have a go.

The five activity change overs will happen at the same time for all four groups. You will be asked to arrive between 9 am and 9:30 am, in order to be ready for the first group activity.

The days activity will be finished for 4pm, so can parents not participating please turn up for then.

Tea, coffee and soft drinks are free. They also have food available, but that needs to be ordered in advance.



Group Session Times

These session times apply to all four groups.

- Session 1:** 9:40am until 10:45am
- Session 2:** 10:50am until 11:55 am
- Lunch:** 11:55am until 12:25pm
- Session 3:** 12:25am until 1:30am
- Session 4:** 1:35pm until 2:40pm
- Session 5:** 2:45pm until 3:50pm

Pack One

This group will be aimed at the younger members of the Club in the age range of 5 up to 10 years.

Session 1	Session 2	Session 3	Session 4	Session 5
Archery	Climbing Tree	Bug Hunting	Shelter Building	Fire Lighting

Pack Two

This group will mainly be for boys aged 8 and over.

Session 1	Session 2	Session 3	Session 4	Session 5
Jacob's Ladder	Archery	Zip Line	Leap of Faith	Climbing Trees

Pack Three

This group will mainly be for girls aged 8 and over.

Session 1	Session 2	Session 3	Session 4	Session 5
Climbing Trees	Jacob's Ladder	Archery	Zip Line	Leap of Faith

Pack Four

This group will be a mixed group for anyone over 8 that wants to do something different

Session 1	Session 2	Session 3	Session 4	Session 5
Shelter Building	Fire Lighting	Orienteering	Archery	Zip Line

Kit List

Please dress for the forecasted weather, taking into account the suggestions below:

Do Wear

- Layers of clothing that you don't mind getting dirty (it is cooler in the woodland).
- Trainers / old shoes / walking boots you don't mind getting wet, dirty and scuffed.
- Waterproof jacket and trousers.
- A long sleeved top
- Full length trousers such as tracksuit bottoms / combats / leggings.
- Sun hat and sun protection cream.
- Insect repellent.

Do NOT Wear

Jewellery / watches, shorts, jeans, skirts, heeled shoes or **your best stuff**.

If you want to read more about Outdoor Elements then use this link to their website.

<https://outdoorelements.co.uk/>

