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Bytes
Shark

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Issue 171

January 2022

Happy New Year



Annual Presentation Report

On Saturday, 11th December we held our Annual Presentation at the Nelson Cricket Club. It was reasonably well attended, despite number being a lot less than our last presentation held in 2019.

The first award of the night was to a representative of Pendleside Hospice who received a cheque for £1100.

The trophies and medals were then presented to the swimmers, who had to collect their own medal from the table. Well if it was good enough for the Olympics, then it was good enough for us.

The winners of the Betty Style Trophies were announced as Isaac Critchley and Libby Cox.

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Subscriptions for 2022

Yes, it is that time of year when the Annual Subscriptions are due. The good news is that the price is the same as last year.

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January Age Group Gala

The **Cherry Wilkinson Memorial Age Group Gala for January** will take place on Thursday, 10th February. Yes I know, it is a little confusing.

The warm-up will be from 6:50pm with the gala starting about 7:10pm.

This gala is important as we need times from the swimmers to work out the teams if the Friendly League competition resumes.

As it will have been two years since the last Age Group gala, there will be no award for the Most Improved Swimmer.

But if you do all four strokes in February you will qualify for the Most Improved Swimmer award at the June Age Group gala, but remember you will have to do all four strokes in June.

Helpers Required

Helpers are required for the gala. See page 2 for details



Sponsored Swim

In October last year we held our biennial sponsored swim, this time in memory of a long time friend of the Club Steve Craig who passed away in 2020. The proceeds of any money raised would go to his

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New Club Secretary Required

Our current Club Secretary Joan Croxall has stated her intention to step down from her role by the next AGM in October 2022.

Joan has been Club Secretary for over 40 years and has overseen the biggest admin change for Clubs, with the introduction of Swim Mark (nee Swim 21).

The position is quite involved and will require the new incumbent to devote several hours a week to the job.

Anyone who thinks they are up to the task, then please contact either Joan or a committee member. The Club cannot function without a Secretary.

Birthdays

January 2022

2nd William Sharp
10th Sami Clough
12th Philip Croxall
13th Daniel Warner
21st Kian Noon

February 2022

8th Mollie Wright
11th Khloe Dunn
14th Martha Green
27th Nawira Khan

Forthcoming Events:

31st January

Membership Renewal Ends

2nd February

Committee Meeting.
Zoom. 8pm

3rd February

Swimming Club Trials
Small Pool 6.15pm
Large Pool 7.30pm

10th February

January Age Group Gala
Warm-up 6:50pm

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First competition of 2022

Need Club Secretary

We need a volunteer

Competition Rules

A brief summary of the basic swimming rules.

Annual Subscriptions

Yes they are due

Trophy Secretary

We have a new one.



Would parents please note that once your child's swimming lesson has finished and they are off the pool side. Colne Swimming Club is no longer responsible for their welfare.

Would all Members please note that Colne Swimming Club will not be held responsible for any injury caused to a swimmer failing to turn up on time for their lesson, and thus missing the vital warm-up part of the session.

Could anybody changing their address or telephone number please inform the Secretary.

If anybody has any stories, items of interest, or anything they think will be suitable for the newsletter, then you can email me at the following address: press@colne-asc.co.uk



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Colne Amateur Swimming Club



Presentation

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The Bramhill Memorial Trophy for achievement went to James Hindle, who started in the small pool, but progressed quickly, he is now in the quickest lane in the first session.

The John Dobbin Memorial Trophy for courage went to Freya Smith-Shelley, who after over-coming her fears, has progressed to the stage that she is now in the large pool.

The winner of the Spot-On contest was announced as Mia Dodman who got within 1.12 seconds of her time and received a cash prize of £20. Saskia Daly was second and only 1.28 seconds from her time and she received a prize of £10. As there were only four swimmers partaking, there were two £5 prizes handed out to Isaac Critchley (4.37) and Gracie Adamson (16.69).

The last trophy presented was the Two Alberts Trophy for Services to the Club. This years winner was Isabel Redfearn who over the two years of the pandemic was always available to teach, when we were allowed in the water. She also attained her Level 1 teaching qualification during the first lock-down.

Finally the Club captains for 2022 were announced as Thomas Holgate and Saskia Daly.

Once we had the obligatory team photo of all the trophy and medal winners, the buffet was opened and the music started to play.

In the end we were glad to hold the presentation and fun was had by all who attended.

Annual Subscriptions are Due

Despite rising costs, we can announce that the Annual Club Subscriptions for 2022 will remain the same as the previous 3 years. In future, the prices will have to be increased as costs rise further.

The annual subscription was due on 31st December 2021, and renewing members have until Monday, 31st January in which to pay. Payment terms can be negotiated upon arrangement.

The prices for 2022 are:

Full Swimming Member:

Adult	£70
Students	£65
1st Child	£65
2nd Child	£55
Additional Child	£45
Associate Member	£50
Adult Non-Swimming	£30
Committee Member	£10

The membership application form for 2022 is now available to download from the Club website.

NOTE: Failure to pay by Monday, 31st January, will mean that you will not be allowed in the water, as you will no longer be insured.

Water Bottles

Swimmers are encouraged to bring water bottles with them onto the poolside.

During exercise you will lose body fluids through sweating, so it is important that you replace these fluids and remain properly hydrated.

Water is one of the best fluids that you can use for training, and it can be flavoured with cordial. Do not use fizzy drinks as this will make you feel bloated.

Once your lesson has finished please remember to collect your water bottle and not leave it on the poolside.

Sssssshhh!!

It is important for everybody in the pool environment to be quiet before the start of a race.

This makes it easier for the swimmers to hear the starters instructions.

Once the race has started then you can shout as loud as you want.

Thank you.

Competition Rules

Now that we are in a new year, it is good to remind everyone of a few rules that all swimmers have to adhere to whilst competing.

1. Do not move when under starters orders. You only get one chance at the start.
2. Backstroke always starts in the water.
3. Use two hands on the wall when performing breaststroke and butterfly turns.
4. You must always be on you back when swimming backstroke, except at turns.
5. Tumble turns only permitted when swimming backstroke or freestyle events.
6. Do not stand-up during a race. Unless you are swimming a freestyle event.
7. Treat individual medley as four separate races, as you must complete one stroke before going onto the next.
8. Individual medley order is butterfly, backstroke, breaststroke and freestyle.
9. Medley relays are swum as backstroke, breaststroke, butterfly and freestyle.

Helpers Required

We would like volunteers to offer their services to the desk before the start of the Age Group Gala on Thursday, 10th February. You may not be required but your offer will be appreciated.

We require the following:

- 6 Time Keepers
- At least 2 team organisers/chaperones
- At least 1 marshal
- At least 2 turn judges

No experience is necessary, but must be patient with the kids all wanting to know if they are swimming.

Clipboards, pens, stopwatches and drinks will be provided.

NOTE: If we don't have enough people helping, then we will have to cancel this gala.



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Sponsored Swim

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nominated charity, which was Pendleside Hospice.

Over the weeks that followed the money kept on rolling in until we had raised a mighty total of £2200. This is the most we have ever raised, so a huge thank you to all who took part and more importantly those who donated money to the Club.

As 50% of the proceeds were to be donated to the Pendleside Hospice, this meant that one of their representatives received a cheque for £1100 at our Annual Presentation which was held at the Nelson Cricket Club in December.

New Trophy Secretary

The Trophy Secretary position has now been filled, with Kevin Critchley taking over the duties. He will be having a quite 10 months until it is time to collect the trophies handed out at the Presentation.



Did you know that whenever you buy anything online – from your weekly shop to your annual holiday – you could be raising a free donation for **Colne ASC**? There are nearly 3,000 retailers including Amazon, John Lewis, Aviva, thetrainline and Sainsbury's, who will donate a percentage of the amount you spend to **Colne ASC** to say thank you for shopping with them.

It's really simple, and doesn't cost you anything.

All you have to do is:

1. Go to <http://www.easyfundraising.org.uk/causes/casc/>
2. Sign up for free
3. Get shopping – your donations will be collected by easyfundraising and automatically sent to Colne ASC. It couldn't be easier!

There are no catches or hidden charges and the Club will be really grateful for your donations.

Over the years we have managed to have **25** people sign up, and between them, they have raised **£1,569.54**, with **£161.48** in the last 2 years. We would like to increase this, so if more of you join up and support the Club it would be hugely appreciated.

Thank you to all those who have supported the Club using Easy Fundraising.

Join the Committee

If anyone is interested in being more involved with their child's swimming club, but doesn't think teaching is for them, then you could join the committee.

The committee meets once a month using Zoom and the meetings last about 40 minutes to an hour. See you don't even need to employ babysitters. So what is your next excuse.

If anyone is interested then contact a member of the committee, club secretary Joan Croxall or club chairman Philip Croxall.

Poolside Tidy Up

It would be appreciated that equipment is returned to the baskets once their lesson has completed.

If fins/flippers have been used, then they need to be rinsed under the showers and returned to the large basket.

Floats and pull-buoys need to be stacked neatly in the smaller blue basket, do not throw them into the basket. The floats should be stacked neatly at the side of the basket if a lot of floats have been used.

Teachers need to remind the children to return any equipment used to the baskets.

Next Time

- Age Group Report
- Club Trip News
- Other Information