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Shark Bytes @SwimAtColneASC

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Most Improved Swimmers

The Most Improved Swimmers from June 2022 to February 2023 are Sami Clough with an 18.73% improvement and Isobel Savage with a 14.12% improvement. They were presented their trophies on the poolside by Mark Ennis and Andrew Croxall.



In order to qualify for the Most Improved Swimmer award the swimmer must do all four strokes in both the February and June Age Group Galas. Results on page 2

February Age Group Report

The Cherry Wilkinson Memorial Age Group Gala for February took place on Thursday, 9th February.

There were a total of 24 girls and 13 boys who competed, with 20 of them participating in the 100m Individual Medley event.

We use these galas to help create a team for the Friendly League, so it is better for the Club if as many swimmers as possible take part.

The full results can be found on the Club website and Notice Board.

http://www.colne-asc.co.uk/age-times-jan23.php

Friendly League

The North East Lancashire Friendly League returns on Wednesday, 29th March when we have an away fixture against Accrington at the the Hyndburn Leisure Centre. The warm-up will be at 7:15pm.

The first home fixture of the season will be at the Pendle Leisure Centre on Monday, 24th April against the Burnley Bobcats. The warmup will be at 7pm, and there will be no lessons on that night.

The format for 2023 will remain the same as 2022 with the age groups being unchanged. The age groups are 9-11 years, 14 years and under, 16 years and under, and open.

There will be mixed medley relays for each of the four age groups, comprising of two boys and two girls in any order.

The final canon relay will remain as 8 x 25m with one male and female swimmer from each of the four age groups.

The Open Mixed Medley Relay will still start the contest with the open individual medley races remaining in the middle of the programme.

If you are selected for the Team, please let the Team Manager Kevin Critchley and Club Coach Andrew Croxall know whether you will be available to swim or not. Please do not leave it until the evening of the fixture to say that you cannot swim.

Easter Holidays

Easter Sunday falls on 9th April this year in the middle of the two week schools' Easter holidays. There will be no Club on Thursday, 6th April and Monday, 10th April.

We aim to keep the Club open on Monday, 3rd April and Thursday, 14th April.

Teachers Course

On Thursday, 2nd March a Teachers course took place at the Club using our swimmers, with four club teachers taking part. The majority of the course will be taking place on Saturdays, with one more taking place in a Club session on Thursday, 16th March.

Hopefully after the course we will have four newly qualified teachers.

Schools Galas

On Tuesday, 7th, 14th and 21st March the primary school galas will be taking place at the Pendle Leisure Centre. These galas will be starting at 7pm and last about 90 minutes.

The Club has been asked to provide helpers to run the gala. We will be providing timekeepers and officials. We have clipboards and stopwatches, we just need volunteers.

If anyone can help out, then please contact Club Chairman Philip Croxall on a Club night.

New Club Secretary Required

Our current Club Secretary Joan Croxall has stated her intention to step down from her role by the next AGM in October 2022.

Joan has been Club Secretary for over 40 years and has overseen the biggest admin change for Clubs, with the introduction of Swim Mark (nee Swim 21).

The position is quite involved and will require the new incumbent to devote several hours a week to the job.

Anyone who thinks they are up to the task, then please contact either Joan or a committee member.

The Club cannot function without a Secretary.

Birthdays

February 2023

- 3rd Elliott Shilton
8th Mollie Wright
14th Martha Green and Luke Dawson
22nd Betsy Townsend
25th Emma Cox

March 2023

- 3rd Andrew Croxall
6th Isaac Critchley
10th William Ingram and Eleanor Holgate
11th Chloe Haythornthwaite
14th Betsy Rider
23rd Phillip Romanski
27th Edward Scanlan
31st Isaac Chew

April 2023

- 7th Libby Cox
8th Freya Smith-Shelley
10th Colne ASC
15th James Hindle and Jasmine Higginbottom
21st Matilda Critchley
23rd Evin Baysal

Forthcoming Events:

- 7th/14th/21st March Schools Galas. 7pm
9th March Swimming Club Trials Small Pool 6:15pm Large Pool 7:30pm
29th March Friendly League Fixture. Away to Accrington.
5th April Committee Meeting. 8pm
6th April No Swimming Club
10th April No Swimming Club
10th April Colne ASC Official Birthday
24th April Friendly League Fixture. Home to Burnley Bobcats

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Would parents please note that once your child's swimming lesson has finished and they are off the pool side. Colne Swimming Club is no longer responsible for their welfare.

Would all Members please note that Colne Swimming Club will not be held responsible for any injury caused to a swimmer failing to turn up on time for their lesson, and thus missing the vital warm-up part of the session.

Could anybody changing their address or telephone number please inform the Secretary.

If anybody has any stories, items of interest, or anything they think will be suitable for the newsletter, then you can email me at the following address: press@colne-asc.co.uk





www.colne-asc.co.uk



Shark Bytes @SwimAtColneASC Colne Amateur Swimming Club

Most Improved Swimmers

BOYS

SAMI CLOUGH	18.73%
DANIEL WARNER	2.50%
THOMAS HOLGATE	6.88%

GIRLS

ISOBEL SAVAGE	14.12%
LUCIE SHEPHERD	9.93%
BETSY TOWNSEND	9.73%
BETSY RIDER	7.36%
ABIGAIL SCANLAN	6.55%
LIBBY COX	2.26%
MARTHA GREEN	2.17%
ELEANOR HOLGATE	1.73%
ZOE BLACKADDER	0.13%

Sponsored Swim Event

In October this year we will be holding our biennial sponsored swim event, in which, we raise funds for both the Club and our nominated charity.

This year we will be raising funds for Pendleside Hospice.

The event will take place on a Monday (1 lane) and a Thursday (whole pool) in the large pool. Lessons will still take place on the Monday, but the Thursday lessons in the large pool will be cancelled to accommodate the event. The small pool classes will be on as normal.

The nature of the event is to swim as many lengths as possible within a time limit of 25 minutes. The older swimmers will be taking on the hour challenge.

More details will follow as we get closer to the event.

Club Trip - Outdoor Elements

We shall be having a Club Trip to Outdoor Elements at either the end of June or the beginning of July. It will take place on a Saturday and it will last all day.

We have been there several times over the past few years, and each time the children really enjoyed their day. There will be five activities during the course of the day.

More details will be available after Easter as we finalise the type of activities and the number of children interested. And yes parents can participate if they so choose.



Did you know that whenever you buy anything online – from your weekly shop to your annual holiday – you could be raising a free donation for Colne ASC? There are nearly 3,000 retailers including Amazon, John Lewis, Aviva, thetrainline and Sainsbury’s, who will donate a percentage of the amount you spend to Colne ASC to say thank you for shopping with them.

It’s really simple, and doesn’t cost you anything.

All you have to do is:

1. Go to <http://www.easyfundraising.org.uk/causes/casc/>
2. Sign up for free
3. Get shopping – your donations will be collected by easyfundraising and automatically sent to Colne ASC. It couldn’t be easier!

There are no catches or hidden charges and the Club will be really grateful for your donations.

Over the years we have managed to have 27 people sign up, and between them, they have raised £1,669.85, with £92.33 over the past 12 months. We would like to increase this, so if more of you join up and support the Club it would be hugely appreciated.

Thank you to all those who have supported the Club using Easy Fundraising.

Team Ethics

If you have been selected to represent Colne ASC in competition, then certain standards are expected.

If you are unable to attend any of the fixtures, then please let the Team Manager Kevin Critchley or Club Coach Andrew Croxall know as soon as possible. Do not leave it until the day or the day before to notify us. It is not fair on the other swimmers.

If you are ill or injured, then inform us straight away rather than not turning up.

Whilst the gala is in progress all swimmers must remain on the poolside cheering on the swimmers in the water. If you wish to leave the poolside, then inform the Team Manager.

All swimmers should remain until the competition has finished, rather than disappearing once all yours swims have finished. If you need to leave early, then please ask the Team Manager on poolside. This goes for any parent who wishes to remove their child early. There is nothing worse, than looking for swimmers who have disappeared.

During the competition, respect the opposition. Once your race has finished, then shake hands with the opposition swimmer.

Remember there is no ‘I’ in teamwork.

Colne ASC has a competition policy on the website, please read.

<http://colne-asc.co.uk/forms/CompetitionPolicy.pdf>

Thank you.

Mobile Phones

During Club sessions we would like to remind everyone that the use of mobile phones and other devices capable of recording photos and video is restricted.

Anyone wishing to record their child during Club galas **must** register their interest with Club officials and sign the register.

Photographic use at any other time is restricted to Club Officials only.

At no time must images be recorded in the changing and shower areas.

