

Shark Bytes



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Colne Amateur Swimming Club Newsletter: September 2010

Issue: 73

Volunteers Required

Volunteer swimmers are required to assist with the forthcoming Teachers course.

You will be required for Thursday evenings between 6pm and 7pm at the Pendle Leisure Centre.

The dates are 14th, 21st and 28th October and the 4th November.

See John Higginbottom or Cherry Wilkinson if you would like to help.

Birthdays - September

2nd Jacob Waddington; 4th Ashleigh Dibb; 7th Tony Catterall; 9th Karen Driver; 12th Charlotte Bush; 23rd Emily Henderson; 26th Nicholas and Nathan Wood; 28th Alex Berry; 29th Caitlin Martin; 30th Nicole Baxter and Emily Pickup.

Birthdays - October

2nd Haydn Taylor; 4th Cameron Taylor; 12th Kieve Martin; 16th Ellie Grace Punchard; 22nd Baylee Maddison-Mahoney; 24th Chloe Ball; 27th Alex Lowe; 28th James Odor and Andrea Hartley; 30th Joan Croxall.

Pendle Sports Awards

On Saturday, 4th September the Pendle Sports Awards were held at the ACE Centre in Nelson and Club Coach Andrew Croxall was the only Club member nominated for a prize.

In the Coach of the Year Andrew finished 3rd behind Len Woffindin (Cycle Sport Pendle) and winner David Parker (Pendle Athletic Club).

In the Community Club of the Year Thomas Street Bowling Club were the winners with Pendle Athletic Club in second and Colne Badminton Club in third.

The Young Volunteer was won by Ben Kenyon who is involved with sports development at Colne Community Club and the ICE Club which works with disabled children. Gareth Martindale was second for his involvement in football and cricket. Daniel Myers was third for his involvement in rugby union.

This years Rising Star was Jade Lord who is the Lancashire Schools 800 metres champion. Harrison Phelan finished second for his prowess at cricket. In third place was Sam Edwards who is the 2009 70cc and 50cc open class British champion.

Cycle Sport Pendle won the Special Recognition award for its work in promoting cycling. Sharon Demaine was second for her involvement with the Colne Badminton Club. In third place was Chris Buck for his tireless work with Colne and Nelson Rugby Club.

The Lifetime Achievement award went to Raymond Townsend who has been involved with Pendleside football for more than 60 years when he joined Pendle Forest in 1955. He played football for 27 years, scoring 84 goals in one season with 16 in one game. He also played cricket from 1952 to 1996, and is now the groundsman spending up to 20 hours each week preparing wickets. He also served on the committee as chairman, secretary and treasurer from 1967 and is currently the club's President.

The five sporting moments this year were Barnoldswick Town Football Club's promotion to Vodkat Premier League; Micky Brennan becoming World Stock Car Champion; Pendle Cycle Fest for hosting the British Cycling Championships; Sophie Hitchon being the Junior European No.1 and World No.2 Hammer Thrower; and Emma Spencer girls under 16 English Champion Fell Runner.

Level 3 Meet Information

For the level 3 meet at Blackpool on Saturday, 2nd October. If the warm-up has started you must do the swims in that session. Failure to do so will result in a fine of £10.

If you want to withdraw from a swim then you must do so at least 45 minutes before the start of that session.

Palatine Pool Directions

To find The Palatine Pool follow the M55 to the end and turn left at the round-a-bout. Then follow the road towards the airport for 2 mile. Turn right onto St. Annes Rd. for South Shore and town centre. Follow that road for a mile and the pool is on the left.

Details can be found on the Notice Board.

Annual General Meeting

This years AGM will take place on Wednesday, 6th October at the Colne Cricket Club. It will be starting at 8pm.

All fully paid up members of the Club may attend this meeting but only members who have reached their 18th birthday shall be entitled to be heard and vote on all matters (members who have not reached their 18th birthday shall be entitled to be heard and vote only on matters concerning juniors, such as election of club captains).

We **need** more parents to join the Committee to help with the running of the Club. All that we ask of you is to be available at 8pm for the first Wednesday of a month up to 8 or 9 times a year. The Committee meetings are held at the Colne Cricket Club and last for about an hour. Also Committee members are eligible for reduced membership fees.

ASANER Masters

On Saturday, 18th September, three members of the Colne ASC Masters Team travelled up to the new Freemans Quay Leisure Centre in Durham for the **British Gas ASANER Masters Championships (25m)**.

Swimming in the 35 to 39 years age group was **Karen Driver** who won the 400m Freestyle, 50m Breaststroke, 200m Individual Medley, 200m Freestyle and 200m Breaststroke. She also finished 2nd in 100m Freestyle and 50m Butterfly.

In the 40 to 44 year age group **Philip Croxall** was competing and he won the 400m Freestyle and 100m Individual Medley. He also finished 2nd in 50m Breaststroke, 200m Individual Medley and 200m Freestyle, 3rd in 100m Breaststroke and 4th in 50m Butterfly.

In the 60 years and over age group, **Tony Catterall** competed in all the events on the programme and finished 2nd in the 400m Freestyle, 100m Butterfly, 200m Backstroke, 200m Individual Medley, 100m Backstroke, 200m Butterfly, 200m Freestyle, 50m Backstroke and 100m Individual Medley. He also finished 3rd in the 50m Freestyle, 100m Breaststroke and 200m Breaststroke, 4th in 100m Freestyle, 5th in 50m Butterfly and 6th in 50m Breaststroke.

Would parents please note that once your child's swimming lesson has finished and they are off the pool side. Colne Swimming Club is no longer responsible for their welfare.

Would all Members please note that Colne Swimming Club will not be held responsible for any injury caused to a swimmer failing to turn up on time for their lesson, and thus missing the vital warm-up part of the session.

Could anybody changing their address or telephone number please inform the Secretary.

If anybody has any stories, items of interest, or anything they think will be suitable for the newsletter, then you can email me at the following address: press@colne-asc.co.uk

Forthcoming Events:

30th September Friendly League. At Home to Pioneer. Start 7:45pm
2nd October Level 3 Meet at Blackpool
6th October Annual General Meeting
7th October Swimming Club Trials for entry to the Club.
29-31 October ASA National Masters. Sheffield

30-31st October ASA North West Region Championships
15th November Championship Gala No. One
18th November Championship Gala No. Two
20th November Betty Petty Style Trophy
2nd December Christmas Sprint Gala
10th December Annual Presentation and Disco.

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Colne Amateur Swimming Club Newsletter: September 2010

Page: 2

World Masters

At the beginning of August swimmers from all corners of the world descended on Gothenburg, Sweden for the XIII FINA World Masters Swimming Championships. Representing Great Britain from Colne ASC were Steve Smith (competing in the 40-44 year category) and Karen Driver (competing in the 35-39 year category). Both Karen and Steve were up against an array of former Olympic Swimmers in their respective events; competition was fierce and several masters world records fell including the women's 800m Freestyle (where Karen was competing) and men's 100m Freestyle (where Steve was competing).



Karen went into the women's 800m Freestyle seeded as 11th quickest from the 35 entrants. She took the race out very hard swimming close to her best time for 400m (5 minutes 02.26 seconds) at the half way stage and showed real determination to hold that pace and complete an outstanding race in a new Personal Best of 10 minutes 10.72 seconds, knocking almost 4 seconds off her previous best and elevating her into the top 10 finishing with an excellent 7th place. She also swam well in the 400m Freestyle where again she was seeded 11th quickest from the 44 qualifiers; Karen swam strongly in the outdoor arena finishing in 9th place in a time of 5 minutes 01.56 seconds. She said later that this was her hardest swim as the conditions were not good in the outdoor pool and although she was happy with the 9th place she was a little disappointed with her time which she felt was affected by cold conditions and the pool itself being somewhat shallow.

Karen also competed in the women's 400m Individual Medley where she finished a most credible 12th place from the 21 strong field. It was the first time that she had raced in this event for many years and she even managed to break the 6 minute barrier for the first time finishing in a time of 5 minutes 59.45 seconds.

On the final day of competition Karen swam in the women's 3km Open Water event where she was up against a strong entry list of 51 women in her age category. Despite entanglements with sea weed and leaking goggles Karen knocked 2 minutes from her previous best time finishing in very commendable 16th place in a time of 42 minutes 21.40 seconds. Karen intimated that she may take the open water swimming more seriously as she said "I thoroughly enjoyed this open water swim.....think I will do some more open water swimming this year!!!"

The Men's sprint freestyle events attracted the usual large number of entries; Steve Smith was seeded 18th from the 129 Qualifiers in the 100m Freestyle and 21st in the 50m Freestyle from the 199 Qualifiers. In the 100m event Steve took the race out fast turning 1st in his heat (26.99 seconds) at half way; with all the men appearing to slow noticeably over the closing stages, Steve hung on to 2nd place in his heat in a seasons best time of 57.43 seconds which moved him up to 13th place overall (Just missing a top 10 finish by 0.30 seconds). In the 50m Freestyle Steve won his heat in a time of 25.89 seconds which elevated him to 11th place overall (Just missing a top 10 finish by an agonising 2 hundredths of a second). Steve was happy with the swim but felt his start was a little slow; "I think my reaction was a little slow and the dive a bit shallow which meant I was a foot or so behind the two guys next to me at the 15m stage...the swimming bit was good though, I swam hard all the way down." Steve also competed in the men's 200m Individual Medley finishing in 22nd place from the 68 qualifiers.

Easy Fund Raising

Easy Fund Raising is an easy way for the Club to raise funds. If you shop on the internet, you can raise funds without any cost to yourselves.

At the moment there are 10 people registered and between them they have raised over £20. With Christmas coming we need more of you to register with the Easy Fund Raising website and then do your shopping through the links on their site. Just follow the links on the Club website to the Easy Fund Raising website.

Pool Closure - The story

On Thursday, 26th August after the swimming club session the pool was closed and emptied, so that the cause of the leak could be found. This led to the cancellation of the Club for 2 weeks.

The maintenance team then had the pool partially re-filled to determine whether the leak was linked to the outlet. After a week the water level remained the same. Therefore the problem was with the inlet.

Whilst the pool was shut the staff with not much to do, were given the task of cleaning the place, which included the filthy air ducts.

The pool was given the go ahead to re-open, but due to the volume of the water which had to be cleaned and heated, took until the afternoon of Monday, 13th September. The pool was re-opened and some of the Club swimmers turned up that evening.

As of yet the pool leak has not been fixed, but we have been informed that the pool will not require to be closed in order to fix it.

Championship Gala

This years championship gala will be taking place on a Monday and a Thursday of the same week.

The first gala is on Monday, 15th November and the second one on Thursday, 18th November. The warm-ups will be at 6:45pm for a start at 7:00pm.

The Betty Petty Style Trophy will take place on Saturday, 20th November. Starting at 6:00pm.

New this year will be a facility to enter on-line. Details will be on the home page of the website from the beginning of October.

There will also be the usual entry forms that can either be downloaded from the website or collected from Mrs Croxall.

Friendly League

The Friendly League fixture away at Pioneer on Friday, 10th September was initially postponed as we were unable to raise a team due to the closure of our pool.

We have since been in contact with Pioneer and are unable to find another suitable date for the fixture due to their commitments. As a result we have forfeited the points for gala.

Our next and last fixture is at home to Pioneer on Thursday, 30th September. The warm-up starts at 7:30pm for a 7:45pm start.

Car Boot Sale

We are still going ahead with the car boot sale, but due to the holidays and the closure of the pool we have not been able to set a date and place.

So we ask that you still keep collecting things suitable for the car boot sale.